

***Achieve Better Health
Through Better Living***

Dr. Patrick Falkowski, a West Bend doctor and member of the ***Foundation for Wellness Professionals***, a national non-profit organization to promote wellness and disease prevention, will present a **FREE** lecture providing current research and practical advice on ***three of the most serious health concerns for Americans.***

**Call 262-338-0300 to register for this
Free Wellness Lecture!**

***Do you want to
LOOK and FEEL YOUNGER?
The Five Secrets to
Looking and Feeling Younger/
Permanent Weight Loss/
Diabetes Control***

**West Bend Mutual Mall Main Floor Conference Room
1043 S. Main Street West Bend, WI**

Wednesday, October 14, 2009 7:00-8:00 p.m.

Sponsored by the West Bend Parks and Recreation Department

Dr. Falkowski will educate you on:

- How to finally lose weight/control diabetes naturally
- Why most diets don't work
- What are the real causes of being overweight
- How food, water, and medication affect your body, metabolism, weight gain and overall health
- How to regain your energy and vitality
- How pain limits you from achieving your optimal health
- How these natural solutions can work with other popular weight loss programs