

Achieve Better Health Through Better Living Wellness Lecture Series

Dr. Patrick Falkowski, a West Bend doctor and member of the Foundation for Wellness Professionals, a national non-profit organization to promote wellness and disease prevention, will present a series of free lectures providing current research and practical advice on today's critical health topics.

Topic:

Natural Solutions to Headache Pain

**West Bend Community Library Meeting Room
630 Poplar Street West Bend, WI
Wednesday, November 11, 2009 at 6:30-7:30 p.m.**

Did you know that Headaches are the # 1 Rated Health complaint?

- **Millions of Americans suffer from chronic headaches. This results in millions of doctor visits, millions of lost work days, and billions of dollars in medical bills.**
- **In his presentation Dr. Falkowski will educate the audience about the different types of headaches, what causes them, and how to prevent headaches from being a part of your daily life.**
- **Safe, natural alternatives to treating headaches will provide the audience with methods for pain relief that get to the cause of the problem, not just a way to cover up the pain.**

Please call 262-338-0300 to register or for more information.